





and Laura volunteering at
Mamas for Mamas,
collecting eggs—
Top left and side.
James showing off his
Irish –below.





Mark and Bev working on art projects - Top right.

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Pathways Community Link is written, compiled and edited by staff and people who receive services from Pathways. Please note that submissions appearing in this publication do not necessarily reflect the beliefs and values of Pathways as a whole. We would like to thank everyone for their input and contributions to this issue of the Community Link.

Thank you to the following for their generous donation! \$1,500.00

♥ Central Okanagan Foundation







Dan's Tire for helping out our stranded staff and donating a tire for our van!

VOLUNTEER

Thank you to our **many volunteers** who contribute to Pathways and the individuals we serve!

We truly want to thank and acknowledge the many dedicated people who volunteer as a board member, activity group assistant, computer

mentor, bike technician, community bridge builder and social recreation events assistant. During the past year, we have focused on teaming up many new volunteers with individuals who reside in supported housing accommodations. We recognized, during the past two years, that living with the world pandemic resulted in many people being excluded from community and were shut in, with very limited opportunity for social outlets. Thanks to volunteer commitments, we have now connected many individuals with opportunities to enjoy new friendships and explore community safely in one on one scheduled visits.

Pathways is always excited about introducing new volunteers to our many services areas. If you want to make a positive difference and are available to volunteer please email: Bonnie em@pathwayskelowna.ca

Thank you to **The Lake**Country Seniors
Activity Centre for
inviting us to join them
listening to live music
performances and having a
refreshment afterwards.



Check out their website: https://www.lakecountry.bc.ca/en/living-in-our-community/seniors.aspx.



The Lake Country Seniors
Activity Centre invites
adults 50+ to come and join
them. It's a great
opportunity to meet new
people or reconnect with
old friends.

Symphony Orchestra

Pathways delivered posters for the Symphony Orchestra to local businesses in the downtown core area; the



posters advertised local orchestra performances coming up in our community. As a thank you, the orchestra gave us free tickets to a February performance to distribute to Pathways individuals who may not have otherwise gotten an opportunity to attend.







2022 Closure Dates, Fuller Update

2022 Closure Dates Friday, April 15, 2022 Good Friday

Monday, April 18, 2022 Easter Monday

Monday, May 23, 2022 Victoria Day

Monday, June 20, 2022 In-Service

Friday, July 1, 2022 Canada Day

Monday, August 1, 2022 BC Day

Monday, August 22, 2022 to Friday, September 2, 2022 Summer Closure Re-opening Tuesday, September 6, 2022

Monday, September 5, 2022 Labour Day

Friday, September 30, 2022 National Day for Truth and Reconciliation

Monday, October 10, 2022 Thanksgiving Day

Friday, November 11, 2022 Remembrance Day

Monday, December 26, 2022 to Friday, December 30, 2022 Christmas Closure Re-opening Monday, January 2, 2023

CONSTRUCTION IS UNDERWAY!

Construction continues to be underway for our new affordable 68 unit apartment complex!

The rental building will provide homes for people with limited income and market rental units for families, singles, seniors and people living with diverse-abilities.

The six-storey wood frame building, in the heart of downtown, will feature above-ground parking and a mix of unit types from studios to two-bedrooms.

The building meets universal design standards. There will be eight units designated to those with diverse -abilities.

The building is called Hadgraft Wilson Place in recognition of two families who are advocates for those with diverse-abilities and who have provided considerable support to Pathways.



Policy and Procedures

Pathways Abilities Society <u>Policies and</u>
<u>Procedures</u> are available on our website. If you see a policy or procedure that you think may need to be updated, changed, the language is not clear or plain enough or if we are missing one



you feel would be valuable, please email ed@pathwayskelowna.ca or call 250-763-4837, extension 130. Thank you.



Self - Advocate Groups



OKANAGAN SELF-ADVOCATE GROUP



Adults (over age 19) with Autism (ASD) or Divers-abilities (Disabilities) in B.C. Invited

ZOOM Programs in 2022 All Programs on Saturdays from 1 PM – 2:30 PM.

April 30 - Become a Great Self-Advocate!Shelley DeCoste, Strategic Initiatives Advisor, CLBC

May 28 - Loneliness, Depression and Anger Management
Alysha Donko, Clinical Supervisor, posAbilities, Laurel Support Services

June 25 - Job Employment Help
Jacob May, Employer and Community Coordinator, Kelowna WorkBC Centre

To Register for ZOOM Presentations Contact:
Linda Youmans, Okanagan Self-Advocate Group Advisor
<u>okanaganselfadvocategroup15@yahoo.com</u>
Phone: (778) 478-3436



Supported by the South
Central Okanagan Community Council

2022 Self Advocates Leading Connection Updates

NEW EVENTS

Tracy Jo's Creating Connections, hosted by Speaking Up for Self-Advocates (SUSA) Join Tracy Jo for a fun hour of get-down and boogie and connect with other Self-Advocates.

Music Trivia, hosted by Speak Up Self Advocacy Awareness Society (SUSA)

For questions please call: 250-572-6009 or email speakupkamloops@gmail.com

REGULAR EVENTS

Ray's Retro Friday Night Music, hosted by Self Advocates of the Rockies society (SAOR)

Meet the third Friday of every month from 5-6pm MST/ 4-5pm PST

Join the group on Google Meets by clicking here or dial: (CA) +1 587-688-3336 PIN: 599 330 504#

Breaking Away from the Covid Blues with Lynnetta, hosted by Self Advocates of the Rockies society (SAOR) Meets the third Wednesday of every month from 1-2pm MST/12-1pm PST Join the group on Google Meets by clicking here or dial: (CA) +1 613-916-1823 PIN: 337 088 313#

Phone Tree with Self-Advocates of the Rockies Group Society

Every Thursday: 2pm-3pm MST; 1pm-2pm PST

Information: SAOR will be holding weekly group phone calls so we can catch up with friends and meet new

advocates from around the province!

Registration: email <u>j.moore@realmbc.ca</u>, or call 250-426-3393 by 3:00 pm on Wednesdays. Spots are limited to 5 per call so make sure to sign up to reserve your spot!





COVJD-19 Updates



Update on wearing masks

Everyone is probably aware of the changes announced regarding mask mandates and vaccination passports. Pathways will continue to operate by wearing masks indoors and outdoors while services are operational and

follow current plans until further notice.

Any visitors to our service sites, are required to wear your mask and sanitize your hands. Thank you for everyone's patience and understanding as we navigate the new changes.

Pandemic Update

We hope you are continuing to stay healthy and safe! Pathways has replaced the COVID 19 in the Service Site policy and procedure with a <u>Pandemic Policy and Procedure</u>.

Please go to our website and **ensure** you read and review our new policy and procedure. If you cannot access the internet, please contact a supervisor and they will print and mail you a copy.

We continue to provide services while ensuring we are providing the safest service environment possible. Pathways continues to adhere to all provincial and federal regulations AND recommendations.

*Wearing a mask continues to be a requirement, understanding that for some this may not be possible. Please contact the area supervisor directly if you or the

person you are supporting is unable to wear a mask, to plan how they will be safe and how we can make sure other people stay safe as well.

- * Social distancing will continue to be practiced. There is no hugging, handshakes, fist pumps, etc. Physical contact of any kind will be limited to what is necessary however completed with the utmost respect.
- * If we identify or are concerned that a person attending is not well, they will be required to go home and may not be able to return until the pandemic is over.
- * If you are attending services at 123 Franklyn Road, in order to enable people to enter the building safely, individuals attending who travel independently or with a caregiver cannot attend or be dropped off before 9:00 am.

* If you have not already, please consider getting vaccinated!

Just a reminder, if you fit into one of the following, until the COVID-19 crisis is over, you still cannot attend our services. We are sorry however we are trying to protect you and the other people we serve.

- You are sick, especially if you have a fever.
 - You are medically fragile.
- You have a compromised (bad) immune system.
- You have respiratory disorders or problems with your lungs.



In Memory



Eugene Gardypie March 20, 1966—January 28, 2022 Submitted by Mike Varga

In the Spring of 2006 Eugene Gardypie started attending Kelowna and District Society for Community Living, now Pathways Abilities Society. We all knew Eugene would be an interesting man to work with as everyone Eugene met was an instant friend.

Eugene had his favourite people, one of whom was Jason Cline. When hearing of Eugene's passing, Mark W. said, "Heaven will be a brighter place today, as Jason and Eugene are together again!" (Jason passed away in 2011). Eugene and his friend, Krista, were exactly like sister and brother, fighting sometimes but still watching out for each other. I have happy memories of helping them to get along

better even when they were very angry at each other.

Eugene enjoyed everything about Camp Owaissi! I remember his first time there, he had a great time enjoying all the activities and being with friends. When it came time to go home Eugene not only packed up his clothes but mine too! It took quite a while to get Eugene to go out canoeing at camp Owaissi but once he started, he enjoyed going out and would ask every year!

In 2012, Eugene loved going to the Fire hall. We went for a tour and fire extinguisher training. Eugene was initially scared of the control fire but after some help was able to put it out. After that experience, Eugene always asked when we were going to the Fire hall again.

Another of Eugene's loves was hockey. He almost always wore hockey jerseys and he was always willing to talk about last night's game. Eugene liked to go to the live Rockets games with his friends. We even made it to some Canucks games.

Eugene loved being at the pool with his swim group, swimming in the lazy river and relaxing in the Hot Tub.

Eugene had a love of microphones and of headphones. Eugene often asked when we could go and get a microphone until I found out that he already had three. If he saw headphones, he would always want to wear them even if they were not hooked up to anything.

Eugene was always a bit of a performer on Friday afternoons in Karaoke, his favourite songs were anything by Johnny Cash and almost any Rock and Roll song especially Old Time Rock and Roll by Bob Seger. Eugene would always be up dancing and singing.

Eugene's other performances were when he might not have wanted to do something. He always had an excuse to get out of doing some things even if he just said, "I don't wanna," while he was trying to get away.

Eugene would go out for walks if coffee was somehow involved. When I first spent time with Eugene during COVID-19 we went for a walk by his house. I let him direct us around and, wouldn't you know, we ended up by the Macs store so we could get some coffee!

Eugene really enjoyed coming to Pathways and, although the pandemic limited his attendance, we did get to see Eugene for some time when he came back for the summer of 2021.

I think one of Eugene's greatest gifts was to always find something good in everything he did. Eugene will be sorely missed as his light shone on everyone around him, making everything you did with him always a little bit better. I will miss Eugene and the time we spent together!





Contact Information

OUR Phone System UPDATED!



To reach any of our service areas, except the homes, call **250-763-4837.**The message tree will give you options of what area and who to speak to; however the extensions are listed below.



Pathways Service Area	Extension	Email
Activity Service	1	See Activity Supervisors
West Kelowna Activity Service	2	aswestkelowna@pathwayskelowna.ca
Bikeways	3	bikeways@pathwayskelowna.ca
Staff Directory	5	NA
Staff Extensions		
Activity Supervisor: Alaina	100	fs@pathwayskelowna.ca
Activity Supervisor: Michelle B.	100	ws@pathwayskelowna.ca
Employment Manager: Bonnie	125	em@pathwayskelowna.ca
Employment Developer: Shane	223	employment2@pathwayskelowna.ca
Employment Developer: Michelle G.	224	employment1@pathwayskelowna.ca
Employment Developer: Valerie	225	employment 3@pathwayskelowna.ca
Community Placement Developer: Lena	128	cpdintake@pathwayskelowna.ca
Social Recreation: Martin	226	social rec@pathwayskelowna.ca
Bottle Crew	135	bc@pathwayskelowna.ca
Community Recycling: Scott	134	ico@pathwayskelowna.ca
Home Share Manager/ LPN/ AQAM: Helen	126	lpn@pathwayskelowna.ca
Home Share Coordinator: Laryssa	129	hsm@pathwayskelowna.ca
Homes Supervisor: Laura	123	rs@pathwayskelowna.ca
Finance Manager: Rhonda	101	fm@pathwayskelowna.ca
Human Resource Manager: Whitney	102	hr@pathwayskelowna.ca
Executive Director: Charisse	130	ed@pathwayskelowna.ca



Community Resources

Travel Club Trips 2022

Camp Owaissi is August 29-Sept. 2nd Cost will be approximately \$325.

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Puerto Vallarta, Mexico in
November. Approximately \$3,000
space limited. Non-refundable
Deposit of \$350 to Glenda
For more information email
travelclub@pathwayskelowna.ca



# PATHWAYS ABILITIES SOCIETY IS HIRING!

We are looking to fill a variety of positions from casual to full-time. We offer great benefits for our permanent employees and a flexible schedule for our casual staff. If you are interested in applying or have any questions, please e-mail hr@pathwayskelowna.ca.



# FASTSIGNS.

250.860.2200 www.rapidprinting.ca

250.862.3278 www.fastsigns.com/2028

1980 Springfield Road, Kelowna, BC V1Y 5V7

Pathways would like to thank rapidprinting for subsidizing the cost of printing the Pathways Community Link.

If you would like to start receiving this Newsletter by email instead of by mail or by hand, **PLEASE** contact **cpdintake@pathwayskelowna.ca** or call **(250) 763-4837 Ext 128** and leave your name and email address. We will provide you with our electronic version.

Pathways Abilities Society 123 Franklyn Road Kelowna, BC V1X 6A9

