



Pathways Volunteer group at Trinity Baptist church - Murray, Daniel, Jim and Ed.

### Reminder

### Pathways will be closed!

Friday, April 10, 2020 for Good Friday, Monday, April 13, 2020 for Easter Monday and Monday, May 18, 2020 for Victoria Day.

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Pathways Community Link is written, compiled and edited by staff and people who receive services from Pathways. Please note that submissions appearing in this publication do not necessarily reflect the beliefs and values of Pathways as a whole. We would like to thank everyone for their input and contributions to this issue of the Community Link.

# Thank You

# Thank you to the following for their generous donations!

### \$2,730.00

♥ Shawn Talbot

### \$1,326.00

Charisse Daley

### \$1,300.00

♥ Leslie Munro

### \$1,200.00

Richard and Terry Trager

### \$1,000.00

Chuck and Beryl Hopkins

### \$500.00

▼ Knights of Columbus – Father Delestre Council

### \$426.00

Alida Penner and the Alida Penner Charitable Giving Fund

### \$260.00

**▼ Rhonda Ca**mpbell

### \$250.00

- ▼ Hulda Haines -in memory of Walter Remin and Eilene Boelke
- ♥ Sharon and Hannu Tukkimaki

#### \$181.00

Kelowna 8 Ball Association

#### \$150.00

- ▼Mark Wengrowich
- Cyndy Omand

### Up to \$100.00

- ♥ Linda Perry
- ▼ Okanagan Valley Association of the Deaf
- **▼** Samantha Matychuk

### To Whom it May Concern,

I am pleased to recommend to you Pathways Abilities Society's volunteers. They have been instrumental in helping to run the Good Food Box since its inception in June 2018 to its conclusion in Nov 2019. The Pathways Abilities Society volunteers helped us with our morning sorting and counting activities two times per month in that time frame. They showed great enthusiasm, dedication and work ethic each day they were with us. They developed a system to effectively count and sort through the produce with the least amount of errors in counting possible. I have done plenty of counting myself, and it is extremely difficult to do it without forgetting which number you are on. That makes Pathways' system quite a feat!

Pathways Abilities Society also helped us by delivering the produce for the Rutland and UBCO Box Pick-up Locations. They drove it from the Lower Mission area of Kelowna, up to Rutland and did all the work of carrying the produce into the kitchen we used as a Pick-up Location. They then delivered Good Food Boxes to any of the members of Pathways Abilities Society who had ordered for us. This was a huge service, as the Good Food Box relied entirely on volunteer delivery drivers to ensure produce made it to our Box Pick-Up Locations.

Thanks to their amazing support, the Good Food Box was able to provide inexpensive fruits and vegetables to an average of 60 families who may not otherwise have been able to afford them twice monthly for a year and a half - A total of 2040 families served in total!

I wholeheartedly recommend adding Pathways Abilities Society to your volunteer roster.

### Best regards,

-Christina Wist

Good Food Box Coordinator



Congratulations **Angie**, **Rose**, **Danielle**, **Eric**, **Leanne** and **Bev** for doing an exceptional job for The Good Food Box volunteer program! Thank you Christina, program coordinator, for giving them a thank-you card and a coffee gift card!



"Thanks to the Pathways helpers who volunteer to help with the Mission Projects each week at The Haven or from home. Your efforts are helping to make the world a better place for many needy people."

Haven Happenings Newsletter



# Thank you



Thank you Team BDO for serving lunch at our annual holiday party!
This is the 5th year in a row that a group of BDO volunteers has helped make our party a success!

THANKYOU

Thank you David Knapp and Bettina Garry for continuing to volunteer in our community and Telus for matching their donation hours in dollars! We received \$619.00 from Bettina and \$225.00 from David.

Thank
you
Pathways
staff for
service to
the
society!



# Pathways West Kelowna Activity Services would like to thank all the angels in our community who have helped us and continue to support us:

- ⇒ Treasure Trove on Main Street, our neighbor, who daily sweeps and blows our front entrance voluntarily.
- ⇒ J.B's Window Washing volunteered and professionally washed our windows. Jody Shea can be contacted at 250-317-4525 for Handyman, window cleaning, pressure washing and deliveries.
  - ⇒ Cory from West Kelowna First Nations for sharing language and culture with us.
    - ⇒ Pharmasave Staff for their support and friendship to Collin.
- ⇒ The West Kelowna Library Staff who are always helpful and provide wonderful learning opportunities for our individuals.
- ⇒ St. Georges Anglican Church senior social members for including Pathways individuals and blossoming friendships in our community.
  - ⇒ Jaycee our long term volunteer for always being helpful, insightful and donating her valuable time.
    - ⇒ Freya and Mike Smith for what they have donated to Pathways.
    - ⇒ Pine Acres for providing volunteering and wonderful Native Taco lunches.
      - ⇒ Relief staff and past Pathways Staff for dropping in to say Hello.



# Thank you

Pathways was one of 3 not-for-profit organizations invited to present to **100 Women Who Care**, January 22, 2020. Shelley

DeCoste presented on our behalf and we were fortunate enough to tie for first place with the Central Okanagan Bursary and Scholarship Society. We are so grateful for these caring womens support! The following women donated \$50.00:

Allison McLeod, Amber Gilbert, Andrea Lindal, Aniela Florczynski, Anita Clegg, Ann Day, Anne Carbone, Anne Pistawka, Barbara Donaldson, Beverly Flynn, Brenda Barnes, Carol Semeniuk, Candace Raja, Charisse Lansing, Cheryl Blum,

Cindy Macaulay, Cindy Shaw, Danielle Heinzelmann, Darci Sellers, Diane Vaneck, Domenica Graziotto, Donna Dittaro, Donna Scheven, Evelyn Kantautas, Glenda Valentino, Jacquie Jones, Jan

Woolsey, Janet Stalenhoef, Janice Lawson, Jennifer Checkley, Joan Logel, Jude Brunt, Judy Riddell, Julie Krieg, Jyleece Panchy, Karen Mason, Kari Faa, Karrie Johnston, Kathleen Kriitmaa, Kathleen Lemieux, Kathy Krasnov, Kay Brown and Laura Matychuk. Debbie Robert and Gail Harrison donated \$100.00 each.



### Thank you!

Thank you Columbia Bottle Depot for continuing to support Pathways in so many ways and this time by making a donation of \$42,198.12!



Pictured: Charisse Daley, Laura Gerhardt, Clare Cassan, Cara Heck and Pauline Smyth

Pictured: Charisse Daley, Laura Gerhardt, Susanne Rados, Cara Heck and Pauline Smyth



## Society Updates/Travel Club Trips

### FRIENDLY REMINDER

The Summer closure changed from



two weeks to one, from Monday, August 24, 2020 to Friday, August 28, 2020.

Safety is the responsibility of everyone. Occasionally we have reports of drivers double parking by HandyDART vans or driving carelessly in the parking lot. If you witness dangerous driving or parking during morning and afternoon rush hours at Pathways, contact Helen Phelan at 250-317-2979, or email her at lpn@pathwayskelowna.ca. If you can take a picture that is even better. We want have an opportunity to discuss these types of situations with drivers and come up with workable solutions.



#### OKANAGAN SELF-ADVOCATE GROUP

#### 2020 WINTER/SPRING GUEST SPEAKERS



Adults over Age 19 with Autism or Diversabilities (Disabilities) Invited

At PATHWAYS - 123 Franklyn Road in Rutland (use side entrance)

\*\*\* REGISTRATION REQUIRED FOR EACH PROGRAM \*\*\*



Saturday, February 29<sup>th</sup> 1-2:30 PM

Topic: Finding the best job!

Jacob Mariety, Community Services Manager, TCS



Saturday, March 28<sup>th</sup> 1-2:30 PM

Topic: Doing Dating

Dr. Margaret Newbury Jones, Psy. D, SHADE Consulting



Saturday, April 25<sup>t</sup> 1-2:30 PM

Topic: Discovering All Emotions/Yoga

Danielle Dufour, B. of Med. Sc., Lifeforce Experiential Activities



Saturday, May 30<sup>th</sup> 1-2:30 PM

Topic: Becoming a Great Self-Advocate!

Shelley DeCoste, Strategic Business Analyst Community Living B.C. (CLBC) Creator of the word "Diversabilities"



Saturday, June 27<sup>th</sup> 1-2:30 PM

Topic: Community Mapping: Find the Best in Your Community!

Sylvie Zebroff, M. Ed., Strategic Business Analyst, Community Living B.C. (CLBC)

\*\*\*Refreshments will be served\*\*\*

To Register Contact: Linda Youmans, Okanagan Self-Advocate Advisor

E-Mail: <u>lindayoumans@yahoo.com</u> or

Phone: (778) 478-1304

Sponsored by the South Central Okanagan Community Council



We encourage caregivers, individuals, family and friends to review the Rights and Responsibilities of people who are supported by Pathways by going to following link: <a href="http://pathwayskelowna.ca/wp-content/uploads/2015/12/Rights-and-Responsibilites.pdf">http://pathwayskelowna.ca/wp-content/uploads/2015/12/Rights-and-Responsibilites.pdf</a>.

You can also request a printed copy.

### **COMING UP SOON! 2020 Travel Club Trips**

Trip Destination	Date	Cost
Blue Jays in Seattle	July 23-28: 4 nights	\$ 2,100
Camp Owaissi	August 24-28: 4 nights	\$ 250
Alaska Cruise	First week of October	\$ 2,600

If you are interested in the trips above, please contact Glenda by email at <a href="mailto:travelclub@pathwayskelowna.ca">travelclub@pathwayskelowna.ca</a> or Rhonda at <a href="mailto:fm@pathwayskelowna.ca">fm@pathwayskelowna.ca</a> or phone <a href="mailto:250-763-4837">250-763-4837</a> to reserve a spot. Please be advised all prices are <a href="mailto:approximate">approximate</a> at this time. Cost and dates will be confirmed upon booking. Trips could be cancelled if there is not enough interest.





### Social Venture Spotlight

### Social Venture Spotlight

We celebrated **Aaron's** substantial contribution to the Bottle Crew team with a lunch and posted his picture on our Team Member wall. Aaron always completes tasks put forth and will not end his day until all of the required clean-up is complete. When Aaron first joined the bottle crew, he consistently greeted me every morning with "What's the plan?" and "You're the Boss, I only listen to you." He often states "Count me in, I love this job." I agree with Aaron. I love this job too! Working with Aaron, and all his team members makes my work enjoyable. A group of friends and family met at McCurdy Bowling Lanes to Celebrate Aaron's Birthday. ATH Among the attendees was Amber, a Columbia Bottle Depot employee, who BC s works at the Dease Road Depot. Amber became our most vocal advocate while we worked from the Dease Road Depot and she continues to advocate for our employment service. Amber shared with me, that

because of her experience working with the Pathways Bottle Crew her perspective in regards to individuals with diverse abilities has changed for the good. Amber stated she sees the relocation of the sorting staff to the Kent Road Depot as an opportunity for the Columbia staff working at Kent Road to have the same positive experience. She also mentioned that when she hears Queen "Another one Bites the Dust" she thinks of us. That's a story for another day. While Aaron has done much to change perspectives of anyone he meets he has also lived the Canadian Dream. He has driven a Zamboni!

Pac

**Howard** received a promotion to a Team Lead position. He has been given the opportunity to lead a crew of independent individuals on a few occasions and has far exceeded our expectations. A significant amount of product is processed and delivered and the sorting area is left clean and organized under his supervision. Howard is well respected by his co-workers and the various staff of Columbia Bottles that he communicates with during the variety of jobs he performs. Howie's promotion and proven ability has provided him with the opportunity to supervise a crew on Saturdays at the Kent Road Bottle Depot. Howard's great work was celebrated with a lunch and picture on the Team Member wall for his many and varied contributions to the sorting team and the depot. I can sincerely say that I could not run this service without him. Howie has an unmatched ability to stay calm in a stressful situation and is always coming up with ways to help everything run

smoothly. When I am in a state of stress or frustration he throws out a one liner that almost brings me to tears with laughter. Howard has many qualities that I admire and I am privileged to work along-side him.

Proudly submitted by: Susanne Rados

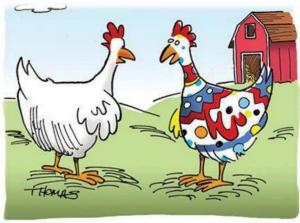


### Entertainment

Pathways would like to thank Westkey Graphics Group for subsidizing the cost of printing the Pathways Community Link. Please consider supporting another establishment that supports Pathways!







"I was an Easter egg."



Spring Word Search

$\sim$	$\overline{}$	$\sim$								
	В	О			S	Т	Е	R	Т	
	U	L	S	Р	R	I	N	G	R	8
	Т	0	В	С	В	Z	Н	В	М	8
9	Т	R	Ε	Ε	I	Α	R	0	Α	
	Ε	В	Ε	N	R	Р	Α	W	R	
	R	R	S	W	D	R	I	K	С	
	F	G	R	0	W	I	N	G	Н	
	L	Α	М	Α	Υ	L	R	J	I	P
	Υ	Р	0	F	Т	0	w	F	R	7

### Find these words.



Spring March April May

butterfly bees growing Easter flower

bird rain tree





### **Pathways Abilities Society**

Pathways Abilities Society is a not-for-profit organization, governed by a volunteer board of directors that provides services to people with diverse-abilities, their families and caregivers in Activity Services, Integrated Career Opportunities (ICO), Social Ventures, Residential Services, Individualized Funding and Home Sharing Services.

Pathways Abilities Society provides
opportunities for over 225 people with
diverse-abilities to achieve full citizenship by:
assisting people to work, both in volunteer positions
and paid employment; facilitating participation in
community recreation and leisure activities; assisting
people to live interdependently in their communities;
teaching employment and life skills.

### **Mission Statement**

To assist people with diverse-abilities to reach their individual goals and to participate and contribute as equal members of the community.

#### **Mandate**

To promote, organize and support the development and interests of all people with diverse-abilities in a manner consistent with the Mission Statement, bearing in mind always, the strengths of the individual.

#### **Vision Statement**

The vision of Pathways is of welcome...building communities that support and value the diverseabilities of all people.

#### **Pathways Contact Information**

### **Activity Services**

123 Franklyn Road, 250-763-4484

**Activity Services West Kelowna** 

2476 Main Street, 778-754-5677

### **Activity Services Supervisors**

Lisa Milligan 778-484-4490

Maureen Shepherd 250-763-4484

<u>Individuals not attending the Activity Services on</u> their scheduled day

Please call: 778-484-4490

### **Integrated Career Opportunities (ICO) and**

### **Social Ventures**

1216 St. Paul Street, 250-763-4839

**BikeWays** 

1216 St. Paul Street, 250-762-4915

**Social Recreation** 

April Chretien 250-575-3912

### **Community Placement Developer**

Lena Charlton 250-763-4836

**Finance Manager** 

Rhonda Campbell 250-763-4837

**Executive Director** 

Charisse Daley 250-763-4837

**Home Share Manager** 

Leslie Munro 250-863-2602

Laryssa Rock 250-801-6495

**AQAM/LPN/Home Share Manager** 

Helen Phelan 250-317-2979

**Employment Manager** 

Bonnie Fraser 250-763-4839

**HandyDART** uses Pathways as a transfer station from **8am-8.45am** and from **2pm-3.45pm** on a daily basis. If you are dropping off or picking somebody up please refrain from parking in the spots located on the street in front of our parking lot; in front of our dumpster; as well as the first two spots along the fence closest to our parking lot. Your help with this is greatly appreciated! Thank you!

Pathways Abilities Society 123 Franklyn Road Kelowna, BC V1X 6A9



