

Self-Advocate

Group

to PATHWAYS - 123 Franklyn Road, Kelowna

FREE

REGISTRATION REQUIRED TO ATTEND EACH GUEST SPEAKER



Saturday, September 28 1 PM to 2:30 PM

Topic: Anxiety: A Common Barrier to Social Inclusion

Becky Roth, Clinical Supervisor, DSW, PMEd, BCBA Laurel Behaviour Support Services PosAbilities

Registration Required Limited to 40 people

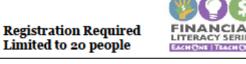


Saturday, October 26 1 PM to 2:30 PM

Topic: Identity Theft and Fraud Prevention

Holly Davis, B.A. Team Leader, Investment Solutions Centre







Saturday, November 30, 2019 1 PM - 2:30 PM

Topic: Positive Relationships, How to Meet New People and Be a **Great Friend**

Dr. Margaret Newbury Jones, (Psy.D.), Sexuality Educator and Counselor SHADE Consulting and Counseling

Registration Required-Self-Advocates Invited Only Limited to 40 people

Refreshments will be served

To register for the guest speakers, contact:

Linda Youmans, Okanagan Self-Advocate Group Advisor E-mail: lindayoumans@yahoo.com or Phone: (778) 478-1304

Sponsored by the South Central Okanagan Community Council



COMMUNITY LIVING BRITISH COLUMBIA



PRESENTS AN INFORMATIONAL SESSION

Registered Disability Savings Plan (RDSP)

The RDSP is a matched saving plan for people with disabilities that allows savings to grow in a tax-deferred environment and provides matching federal contributions of up to 300% annually.

Everything you need to know about RDSP, including grants and bonds that are available, how to become eligible for the Disability Tax Credit (DTC), how to support people in applying of the DTC and RDSP

Who Should Attend?

- People and families who want to learn more about the RDSP.
- People who already have a RDSP but want to learn more.
- Parents, grandparents, friends, family
- Financial Professionals
- Supports

Registration please contact: Mary Bickert at mary@planok.ca or 250-860-2080 For Vernon Workshop Julie Armitage at Connectability.ok@telus.net or 250-307-4216

VERNON SEPTEMBER 30 **Venture Training Office** 4240 Alexis Park Drive Time: 7:00-9:00 PM

WEST KELOWNA NOVEMBER 5 PATHWAYS 2476 Main Street Time: 6:30-8:30 PM

KELOWNA DECEMBER 3 PATHWAYS 123 Franklin Road Time: 6:30-8:30 PM

SPECIAL THANKS TO HOST AGENCIES:





Important Phone Numbers

If you are calling because you attend Activity Services or on behalf of an individual who attends Activity Services, please call: 250-763 -4484 or 778-484-4490, West Kelowna call:

778-754-5677.

Please, leave a message at the appropriate service area. Thank you!

Email Address List

If you need to contact any of the following people, email is a great tool you can use:

Executive Director: ed@pathwayskelowna.ca

Quality Assurance & Home share: agam@pathwayskelowna.ca

Finance Manager: **fm@pathwayskelowna.ca**

Residential Supervisor: rs@pathwayskelowna.ca

Activity Supervisors:

Alaina: fs@pathwayskelowna.ca Maureen: ws@pathwayskelowna.ca

Senior Services:

branch55@pathwayskelowna.ca fss@pathwayskelowna.ca

Social Recreation:

socialrec@pathwayskelowna.ca

Community Placement Developer- Intake: cpdintake@pathwayskelowna.ca

Travel Club Coordination:

travelclub@pathwayskelowna.ca

Community Placement Developer-Scheduling: cpdscheduling@pathwayskelowna.ca

> **Employment Manager:** em@pathwayskelowna.ca

Newsletter / Community Link:

adminassist@pathwayskelowna.ca

West Kelowna:

aswestkelowna@pathwayskelowna.ca

Pathways is closed



Monday, November 11, 2019

For Remembrance Day

Do you have extra cans or bottles you don't know what to do with??? Bring them down to Columbia Bottle Depot and tell them that you want to donate them to Pathways!! Community Bottle Recycle now located at the

Columbia Bottle Depot on Kent Road! Thank you Colombia Bottle Depot!!!



Are you picking someone up at our Pathways 123 Franklyn Rd location? As you know, we are the transfer point for **HandyDART** and as such, it can become very busy here come 3PM. For your convenience and for the safety of individuals it is suggested, if possible, to schedule **pick up at 2:45PM or after 3:15PM - Thank You!**

Calling All Self-Advocates What is Self-Advocacy?

Self-Advocacy is learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem solving, listening and learning, reaching out to others when you need help and friendship, and learning about self-determination.

Why is Self-Advocacy important?

So that you have the knowledge and information needed to succeed and are given the chance to participate in making decisions that will improve your quality of life. See more at:

http://www.inclusionbc.org/self-advocates

Date					Planned Meeting or Activity			
November 29th, 2019 12:30PM					Advocacy in the Service Area event			
Path Abilitie	ways		Nove	mber	Cale	ndar of Ev	ents 2019	
	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
3	Coming i Silver Star Sn Weekend g	owshoeing getaway!				Rockets VS PG Game 6:30-9:30pm	2 Art Exhibition Peachland Brunch & Walking 10:00-2:00pm	
BIGHEWS	Jan 17-		5 Fill a Shoebox "Operation Christmas Child " 5:30-7:30pm	6	7 Kelowna Art Gallery Walk the Waterfront go for Poutine 3:30-7:00pm	8 Kerry Anne's Birthday Kelly O's 5:00-7:00pm	9	
10		REMEMBRANCE DAY Left We terget	12 Movie Night 6:00-8:30pm	13	14 Karaoke Night 6:00-8:00pm	15	Cathy's Birthday Bowling 5:00-7:30pm	
West	17 Matinee West Side 11:00-3:00pm Charlie and The Choc Factory Play Coming in		19	20	21 Cool Arts Community Drop In 6:00-8:00pm RCA	22	23 Concert Remember Tom Petty 7:00-10:00pm \$40	
24	Dec	cember!	26 Christmas Craft & Chat 6:00- 8:30pm email: socialrec@pa	27 athwayskelowna	28 Dennis's Birthday Dinner & Movie 5:00-9:00pm	29 25 or 250 575 3912	30 Rockets Hockey Game 6:30-9:30pm	

Pathways Abilities Society 123 Franklyn Road Kelowna, BC V1X 6A9



If you would like to receive this Monthly Update Edition by email instead of by mail or by hand,

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PLEASE contact

adminassist@pathwayskelowna.ca or

adminassist@pathwayskelowna.ca or call (250) 763-4837 and leave your name and email. We will provide you with our electronic version.