



Reminder

The closure for the In-Service is **Monday, January 27, 2019**

Calling All Self-Advocates What is Self-Advocacy?

Self-Advocacy is learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem solving, listening and learning, reaching out to others when you need help and friendship, and learning about self-determination.

Why is Self-Advocacy important? So that you have, the knowledge and information needed to succeed and are given the chance to participate in making decisions that will improve your quality of life.

See more at: <http://www.inclusionbc.org/self-advocates>

Pathways wants everyone to stay healthy and happy. Please, use the following flu and cold prevention strategies:

- * Please, stay home if you are sick.
- * Wash your hands with warm water and soap often.
- * Use hand sanitizer where it's available.
- * Keep your hands away from your face.
- * Cover your cough and sneeze into your sleeve or elbow.
- * Get the flu shot when available.

HOME SHARE UPDATE

We are actively seeking home share providers. Home share is a rewarding way to support an adult with diverse-abilities in your home. For more information on becoming a home share provider please contact **Leslie Munro at 250-863-2602 or via email at aqam@pathwayskelowna.ca**



COMING UP SOON! 2020 Travel Club Trips

Trips	Date	Cost
Silver Star Snowshoeing	January 17-19: 2 nights	\$ 500
Mexico	March: 1 week	\$ 2,600

If you are interested in the trips above, please contact Glenda by email at travelclub@pathwayskelowna.ca or Rhonda at fm@pathwayskelowna.ca or phone **250-763-4837** to reserve a spot. Please be advised all prices are **approximate** at this time. Cost and dates will be confirmed upon booking. Trips could be cancelled if there is not enough interest.

Mark your calendar!!!

Monday, August 24, 2020
to Friday, August 28, 2020
One week Summer Closure
Re-opening Monday, August 31, 2020
Summer closure change from **TWO weeks to ONE!**

Operating hours for Pathways 123 Franklyn Road location

Just a reminder the Activity Service operates from **8:30 am to 3:30 pm.** The earliest staff start is 8:15 am. For health and safety reasons, we cannot let people into the building earlier because there is no support or supervision. With the weather getting colder, it is important not to come early and have to wait outside. **Thank you!**

Important Phone Numbers

If you attend Activity Services or need to call on behalf of an individual who attends Activity Services, please call:
250-763-4484 or 778-484-4490, West Kelowna call: 778-754-5677. Please, leave a message at the appropriate service area. **Thank you!**

Email Address List

If you need to contact any of the following people, email is a great tool you can use:

Executive Director:
ed@pathwayskelowna.ca
Quality Assurance & Home share:
aqam@pathwayskelowna.ca
Finance Manager:
fm@pathwayskelowna.ca
Residential Supervisor:
rs@pathwayskelowna.ca
Activity Supervisors:
Amylia: fs@pathwayskelowna.ca
Maureen: ws@pathwayskelowna.ca
Senior Services:
branch55@pathwayskelowna.ca
fss@pathwayskelowna.ca
Social Recreation:
socialrec@pathwayskelowna.ca
Community Placement Developer- Intake:
cpdintake@pathwayskelowna.ca
Travel Club Coordination:
travelclub@pathwayskelowna.ca
Employment Manager:
em@pathwayskelowna.ca
Newsletter / Community Link:
adminassist@pathwayskelowna.ca
West Kelowna:
aswestkelowna@pathwayskelowna.ca

Pathways is closed

Pathways will be closed on **Wednesday, December 25, 2019 to Wednesday, January 1, 2020, re-opening Thursday, January 2, 2020.**

2020 Closure Dates

Wednesday, January 1, 2020
New Years Day

~~~~~  
**Monday, January 27, 2020**  
**In-Service**

~~~~~  
Monday, February 17, 2020
Family Day

~~~~~  
**Friday, April 10, 2020**  
**Good Friday**

~~~~~  
Monday, April 13, 2020
Easter Monday

~~~~~  
**Monday, May 18, 2020**  
**Victoria Day**

~~~~~  
Monday, June 15, 2020
In-Service

~~~~~  
**Wednesday, July 1, 2020**  
**Canada Day**

~~~~~  
Monday, August 3, 2020
BC Day

~~~~~  
**Monday, August 24, 2020 to Friday, August 28, 2020**  
**One week Summer Closure**  
**Re-opening Monday, August 31, 2020**

~~~~~  
Monday, September 7, 2020
Labour Day

~~~~~  
**Monday, October 12, 2020**  
**Thanksgiving**

~~~~~  
Wednesday, November 11, 2020
Remembrance Day

~~~~~  
**Friday, December 25 to Friday, January 1, 2021**  
**Christmas Closure**  
**Re-opening Monday, January 4, 2021**




7 STEPS ON THE PATH TO  
A GOOD LIFE FOR PEOPLE  
WITH DIVERSE-ABILITIES

SAFE &  
SECURE  
BOOK CLUB

123 FRANKLYN ROAD  
KELOWNA, BC  
STARTING IN JANUARY 2020

MORE INFORMATION  
MARY BICKERT  
250-860-2080 OR  
MARY@PLANOK.CA




**Reminder:** When coming to Pathways please make sure to bring your Handy DART pass so it can be used for City Transit if required as well.


Are you picking someone up at our Pathways 123 Franklyn Rd location? As you know, we are the transfer point for **HandyDART** and as such, it can become very busy here come 3PM. For your convenience and for the safety of individuals it is suggested, if possible, to schedule **pick up at 2:45PM or after 3:15PM** - Thank You!

Do you have extra cans or bottles you don't know what to do with??? Bring them down to Columbia Bottle Depot and tell them that you want to donate them to Pathways!! Community Bottle Recycle now located at the **Columbia Bottle Depot on Kent Road!** Thank you Columbia Bottle Depot!!!












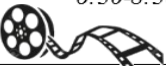





We have redesigned our website! Please check-out the new site at [www.pathwayskelowna.ca](http://www.pathwayskelowna.ca). Let us know your thoughts! Is there any information missing that you would like to have? Please let us know what additional information you would like to see. Please email your comments to [ed@pathwayskelowna.ca](mailto:ed@pathwayskelowna.ca). Thank you!



January



Calendar of Events  
2020

| Sun                                                                                                                                    | Mon | Tue                                                                                                                                          | Wed                                                                                                                              | Thu | Fri                                                                                                                                                                           | Sat                                                                                                                                 |
|----------------------------------------------------------------------------------------------------------------------------------------|-----|----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                        |     |                                                                                                                                              | 1                                                                                                                                | 2   | 3<br>Rockets Vs<br>Victoria Game<br>6:30-9:30pm                                          | 4<br>Lunch and<br>Matinee<br>11:00-2:30pm      |
| 5                                                                                                                                      | 6   | 7 Karaoke Sing<br>Along<br>Live Music<br>6:00-8:00pm      | 8 H2O<br>Swimming<br>6:00-8:30pm            | 9   | 10 Silver Star<br>Snowshoe Weekend<br>Getaway                                            | 11 Silver Star<br>Snowshoe Weekend<br>Getaway  |
| 12 Silver Star Snowshoe<br>Weekend<br>Getaway       | 13  | 14 Dinner<br>and Movie<br>5:30-9:00pm                     | 15 Craft<br>and Chat<br>6:00-8:30pm         | 16  | 17                                                                                                                                                                            | 18 Monster Truck<br>Caos!<br>\$30<br>5:30pm    |
| 19 Big White Sleigh<br>Ride!<br>10:30am<br>-2:30pm  | 20  | 21 Living Things<br>Animated<br>Film Fest<br>6:30-8:30pm  | 22 CNC<br>Walk the<br>Track<br>6:00-8:30pm  | 23  | <div><div>In February<br/>Another Sleigh Ride!<br/>And more<br/>Snowshoeing!</div></div> | 25                                                                                                                                  |
| 26 Rockets Vs<br>Vancouver<br>Game<br>6:30-9:30pm   | 27  | 28 Living Things<br>Animated Film Fest<br>6:30-8:30pm     | 29 Craft<br>and Chat<br>6:00-8:30pm         | 30  |                                                                                                                                                                               | 31                                                                                                                                  |

Contact: Social Recreation Coordinator; April Chretien e-mail: [socialrec@pathwayskelowna.ca](mailto:socialrec@pathwayskelowna.ca) phone: 250-681-3475

Pathways Abilities Society  
123 Franklyn Road  
Kelowna, BC  
V1X 6A9



If you would like to receive this  
Monthly Update Edition by email  
instead of by mail or by hand,  
PLEASE contact  
[adminassist@pathwayskelowna.ca](mailto:adminassist@pathwayskelowna.ca) or  
call (250) 763-4837 and leave your  
name and email. We will provide you  
with our electronic version.