



well hello, ²⁰²¹ march



March 14th
Spring Forward
Change your
clock's ahead
one hour.

Activity Service Highlight

Activity Services supports 80 individuals throughout the week in all different capacities. Individuals may choose, depending on the availability of service space, to attend half days, full days, every day, or only certain days and/or certain times.

Meaningful and productive activities are provided in three different areas these being Volunteerism, Employment and Recreation and Leisure.

While volunteering in the Activity Service you could have a chance to volunteer making bandages for third world countries, delivering hampers for the Food Bank and Salvation Army, petting and cuddling cats at the SPCA and PetSmart, or hanging clothes at various different thrift stores throughout the community.

If you're interested in being active you could spend some time with the hiking/snowshoeing group, going for a walk at the CNC walking track, bowling, playing pool, curling, hitting golf balls at the driving range, or hitting some birdies at badminton.

There could also be some opportunities to relax in arm chair yoga, create art in the community, explore and learn in the computer room, play bingo with the seasonal bingo group as well as playing board games or cards during down times.

Activity Services are offered between 8:30 am and 3:30 pm Monday through Friday at 123 Franklyn Road and 2476 Main Street

OUR Phone System HAS CHANGED!

To reach any of our service areas, except the homes, call **250-763-4837.** The message tree will give you options of what area and who to speak to however the extensions are listed below.

Pathways Service Area	Extension	Email
Activity Service	1	See Activity Supervisors
West Kelowna Activity Service	2	aswestkelowna@pathwayskelowna.ca
Bikeways	3	sv@pathwayskelowna.ca
Emergency On-Call	4	NA
Staff Directory	5	NA
Staff Extensions		
Employment Manager: Bonnie Fraser	125	em@pathwayskelowna.ca
Employment Developer: Shane Milligan	223	employment2@pathwayskelowna.ca
Employment Developer: Michelle Gariepy	224	employment1@pathwayskelowna.ca
Employment Developer: Valerie Catton	225	employment3@pathwayskelowna.ca
Community Placement Developer: Lena Charlton	128	cpdintake@pathwayskelowna.ca
Bottles	135	NA
Community Recycling	134	NA
Home Share Manager/ LPN/ AQAM: Helen Phelan	126	lpn@pathwayskelowna.ca
Home Share Coordinator Laryssa Rock	129	hsm@pathwayskelowna.ca
Residential Supervisor Laura McKinnon	123	rs@pathwayskelowna.ca
Activity Supervisor Maureen Shepherd	100	ws@pathwayskelowna.ca
Activity Supervisor Alaina Reiswig	100	fs@pathwayskelowna.ca
Finance Manager Rhonda Campbell	101	fm@pathwayskelowna.ca
Human Resource Manager Chloe Hurn	102	hr@pathwayskelowna.ca
Executive Director: Charisse Daley	130	ed@pathwayskelowna.ca

**Upcoming
Closure Dates**
Friday, April 2, 2021
Good Friday

Monday, April 5, 2021
Easter Monday

Monday, May 24, 2021
Victoria Day

Check out web site
www.pathwayskelowna.ca
For all closure dates.

Winter Weather

Just a reminder please ensure you are dressing for the
winter weather! When entering our buildings, due to
temperature checks, there could be a wait!
Please be prepared!

COVID-19 Update

We hope you are continuing to stay healthy and safe and had the best holiday season possible! We continue to provide services. Services have changed, will continue to change and will be very different. There are new requirements when attending. Please go to our website **regularly** and **ensure** you read and review our COVID-19 in the Service Site policy and procedure. If you cannot access the internet, please contact the supervisor and they will print and mail you a copy.

PLEASE DO NOT COME IN IF YOU ARE SICK, SHOWING SYMPTOMS OR HAVE BEEN TESTED!

- *Wearing a mask is a requirement, understanding that for some this may not be possible. Please contact the area supervisor directly if you or the person you are supporting is unable to wear a mask to plan how they will be safe and how we can make sure other people stay safe as well.
 - * Temperatures will be checked when entering our buildings. If an above normal temperature is detected (above 38°C or 100.4°F), the person will have to go home.
 - * Social distancing will be practiced and “imposed.” Physical contact of any kind will be limited to what is necessary however completed with the **utmost** respect.
 - * If we identify or are concerned that a person attending is not well, they will be required to go home and may not be able to return until the pandemic is over.
 - * If you are attending services at 123 Franklyn Road, in addition to the requirements outlined in the COVID 19 in the Service Site policy and procedure, individuals attending who travel independently or with a caregiver cannot attend or be dropped off before 9:00 am in order to enable people to enter the building safely.
 - *We have identified the maximum amount (capacity) of people that can be in the building at one time. If we reach that capacity and more people want to attend, we will be implementing an attendance schedule which may reduce a person’s ability to receive services on certain days. We are committed to trying to accommodate all!
- Just a reminder, If you fit into one of the following, until the COVID-19 crisis is over, you still cannot attend our services. We are sorry however we are trying to protect you and the other people we serve:** You are sick, especially if you have a fever. You are medically fragile. You have a compromised (bad) immune system. You have respiratory disorders or problems with your lungs.

We miss those not attending and cannot wait to get back to the new normalcy. Take care and be safe and please contact us if you have any questions!

In month of March the following people STARTED service with Pathways:

- Kyle M. 2005
- Andrea S. 2006
- Patrick E. 2014
- Adam O. 2017
- Brad C. 2020



International Day of awareness for Down Syndrome March 21st <https://www.worlddownsyndromeday.org/> and Epilepsy march 26th <https://www.purpledayer.org/>



FAMILIES TO FAMILIES ZOOM GROUP

For more information and Zoom information:
Laurie Paynter at 250-768-4815
lepaynter@gmail.com or
Mary Bickert 250-860-2080
mary@planokanagan.ca

Jan. 28th, Feb. 25th
March 25th
7:00PM
Come **ZOOM** with us!

Come meet on-line other Families to learn, share, and celebrate our family members with diverse-abilities

Please regularly check Pathway’s website for the latest COVID 19 in the Service Sites policy and procedure updates! <http://pathwayskelowna.ca>

Calling All Self-Advocates What is Self-Advocacy?

Self-Advocacy is learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem solving, listening and learning, reaching out to others when you need help and friendship, and learning about self-determination.

Why is Self-Advocacy important? So that you have the knowledge and information needed to succeed and are given the chance to participate in making decisions that will improve your quality of life.

See more at: <http://www.inclusionbc.org/self-advocates>

Pathways Abilities Society
123 Franklyn Road
Kelowna, BC
V1X 6A9



If you would like to receive this Monthly Update Edition by email instead of by mail or by hand, PLEASE contact adminassist@pathwayskelowna.ca or call (250) 763-4837 and leave your name and email. We will provide you with our electronic version.