



## Fall 2020



Gellatly Nut Farm and Hardy Falls



## Reminder

Pathways will be closed on Monday, October 12, 2020 for Thanksgiving and Wednesday, November 11, 2020 for Remembrance day.

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Pathways Community Link is written, compiled and edited by staff and people who receive services from Pathways. Please note that submissions appearing in this publication do not necessarily reflect the beliefs and values of Pathways as a whole. We would like to thank everyone for their input and contributions to this issue of the Community Link.

## Thank you to the following for their generous donations!

### \$250.00

- ♥ Susan Bauman \$250.00

### Up to \$200.00

- ♥ Jim and Angie Greenlay
- ♥ Joan and Wulf Gerhardt
- ♥ Jean Hadgraft in memory of Mary Brown

### \$100.00

- ♥ Patricia and Chris Rantucci
- ♥ Nick and Virginia Pizio
- ♥ Ray Blatter
- ♥ OCCA Communities Association

### \$50.00

- ♥ Margaret and Reg Lidster in memory of Mary Brown
- ♥ Charisse Daley in memory of Ken Fontaine
- ♥ Audrey Pekrul

### Up to \$50.00

- ♥ Janet Billon
- ♥ Okanagan Self Advocates Group and Linda Youmans
- ♥ Shelley DeCoste
- ♥ Cyndy Omand

## Thank you **Secure Rite & Trinity Baptist Church !**

During COVID Pathways Community Bottle Recycle program has encountered a significant increase in bottle donations. This created a need for product storage.

Secure Rite storage **donated** the use of two storage bins to Pathways until the end of December 2020.

Trinity Church graciously **donated** space to Pathways for the two storage bins! We are grateful for the support from community members like Secure Rite and Trinity Church who provided us with the ability to continue to receive product donations, which in turn provides the income source for paid employment for many employees who work in Social Ventures!  
**THANK YOU BOTH AGAIN!**



Thank you **Jim Hadgraft** for making a significant financial donation toward the residents who will eventually move into the new apartment building at 555 Fuller Avenue! We truly appreciate all that Jim does for the society and the Fuller re-build project!



Thank you **The United Way of The Southern Interior of BC** for coordinating and distributing the donation of 100 disposable masks and litres of hand sanitizer! We are very grateful for their support!

Pathways Abilities Society held their **67th Annual General Meeting** (AGM) on September 14, 2020. One existing director was re-elected to the board for a three year term, Darryl Harand. A new board member, Jim Hadgraft was also elected to the board for a 3 year term. We would like to welcome Jim!

The inaugural meeting of the board was held after the AGM and we are pleased to announce the 2020/2021 Board of Directors are as follows: Officers: Mark Reinelt, President, David Low, Vice-President and Patricia Rantucci, Secretary Treasurer. Directors: Jim Hadgraft, Nick Pisio, Richard Pringle, Jock Craddock, Chuck Hopkins and Darryl Harand.

We encourage caregivers, individuals, family and friends to review the Rights and Responsibilities of people who are supported by Pathways by going to following link:

<http://pathwayskelowna.ca/wp-content/uploads/2015/12/Rights-and-Responsibilites.pdf>.

You can also request a printed copy. Thank you!

Please, consider donating to Pathways. Remember, that **any donation over \$20** is eligible to receive a tax receipt that can be claimed on your taxes. **Be Great, PLEASE DONATE!**

## 2021 Closure Dates

**Friday, January 1, 2021**  
New Years Day

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**Monday, January 25, 2021**  
In-Service

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**Monday, February 15, 2021**  
Family Day

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**Friday, April 2, 2021**  
Good Friday

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**Monday, April 5, 2021**  
Easter Monday

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**Monday, May 24, 2021**  
Victoria Day

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**Monday, June 14, 2021**  
In-Service

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**Thursday, July 1, 2021**  
Canada Day

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**Monday, August 2, 2021**  
BC Day

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**Monday, August 23, 2021**  
to Friday, September 3, 2021  
Re-opening Tuesday,  
September 7, 2021  
Summer Closure

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**Monday, September 6, 2021**  
Labour Day

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**Monday, October 11, 2021**  
Thanksgiving

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**Thursday, November 11, 2021**  
Remembrance Day

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**Saturday, December 25 to**  
**Sunday, January 2, 2022**  
Christmas Closure  
Re-opening Monday,  
January 3, 2022



## Home Share

Home share is one of several services that Pathways offers. A home share is a person with diverse-abilities sharing a home with a home share provider. The home share provider is contracted to provide support to the person with diverse-abilities, and this provision is organized and monitored by an agency like Pathways. A person with diverse-abilities can attain this service by speaking with their facilitator at Community Living BC. For more information or if you wish to become a home share provider with our agency please contact Helen Phelan at (250) 317-2979 or email her at [lpn@pathwayskelowna.ca](mailto:lpn@pathwayskelowna.ca).

THANK YOU!

**HandyDART** uses Pathways as a transfer station from **8:00am-8:45am** and from **3:00pm-3:45pm** on a daily basis. If you are dropping off or picking somebody up please refrain from parking in the spots located on the street in front of our parking lot, in front of our dumpster, as well as the first two spots along the fence closest to our parking lot. Your help with this is greatly appreciated! Thank you!

We have redesigned our website! Please check out the new site at [www.pathwayskelowna.ca](http://www.pathwayskelowna.ca). Let us know your thoughts! Is there any information missing that you would like to have? Should more information be provided and if so what information would you like to see? Please email your comments to [ed@pathwayskelowna.ca](mailto:ed@pathwayskelowna.ca). **Thank you!**

If you would like to start receiving this Newsletter by email instead of by mail or by hand, **PLEASE** contact [adminassist@pathwayskelowna.ca](mailto:adminassist@pathwayskelowna.ca) or call **(250) 763-4837** and leave your name and email address. We will provide you with our electronic version.

## COVID-19

We hope you are continuing to stay healthy and safe! It is a relief some services are re-opening with many new protective guidelines. We are providing services however it continues to be very quiet. We miss those not attending and cannot wait to get back to the new normalcy!

We have been actively preparing to ensure we are providing the safest service environment possible. Services have changed, will continue to change and will be very different. If you are not currently attending, please begin to prepare now. Please go to our website and ensure you read and review our COVID-19 in the Service Site policy and procedure. If you cannot access the internet, please contact the supervisor and they will print and mail you a copy.

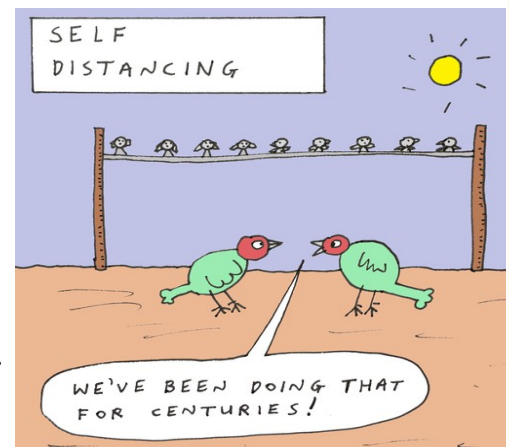
There are new requirements when attending: Please again ensure you read the COVID-19 in the Service Site policy and procedure.

- We will be constantly sanitizing and cleaning.
- Wearing a mask is a requirement, understanding that for some this may not be possible. Please contact the area supervisor directly if you or the person you are supporting is unable to wear a mask to plan how they will be safe and how we can make sure other people stay safe as well.
  - We will issue each person one cloth mask. If a person does not come with their mask, the person's caregiver or family will be contacted and required to bring it.
  - Social distancing will be practiced and "imposed." There will be no hugging, handshakes, fist pumps, etc. Physical contact of any kind will be limited to what is necessary however completed with the **utmost** respect.
- Temperatures will be checked when entering our buildings. If an above normal temperature is detected (above 38°C or 100.4°F), the person will have to go home.
  - Hands must be washed immediately after entering our buildings and throughout the day.
  - We will not be providing any food or beverages including coffee and water, etc. People must bring their own food, water and beverages. If people do not arrive with a lunch that has water or beverages, the person's family or caregiver will be contacted and required to bring it.
  - If we identify or are concerned that a person attending is not well, they will be required to go home and may not be able to return until the pandemic is over.
  - Visitors cannot come into our locations unannounced. Appointments must be scheduled.
- We encourage each person to bring their own small bottle of hand sanitizer.

**If you fit into one of the following, until the COVID-19 crisis is over, you still cannot attend our services. We are sorry however we are trying to protect you and the other people we serve.**

- You are sick, especially if you have a fever.
- You are medically fragile.
- You have a compromised (bad) immune system.
- You have respiratory disorders or problems with your lungs.

**Take care and be safe and please contact us if you have any questions!**



## 555 Fuller Avenue

Pathways is very excited and making progress towards a new affordable housing building at 555 Fuller Avenue. The current building should be demolished by the end of November! The planned 68 unit building will feature 9 studio units, 40 one bedroom units and 19 two bedroom units.

For more information **please contact Charisse Daley at [ed@pathwayskelowna.ca](mailto:ed@pathwayskelowna.ca)**




## Cancellation of all Okanagan Self-Advocate Group Presentations

Due to the COVID-19 virus, we regret to inform you that Okanagan Self-Advocate Group presentations in the Fall are cancelled. All guest speakers will be re-booked for next year 2021, but we will not resume until we are given official permission by CLBC.

Thank you!

Darryl Harrand, Chair  
Kyle Youmans, Co-Chair  
Linda Youmans, Okanagan Self-Advocate Group Advisor



## Choose to Plan!

In case of hospitalization... For your future...

**COVID-19 REMINDS US WE ARE ALL VULNERABLE TO UNPREDICTABILITY. BE PRO-ACTIVE, GET YOUR AFFAIRS IN ORDER NOW!**

**Nidus 7th Annual Personal Planning Month Education Events**  
**October 2020**

**SIGN UP FOR A FREE WEBINAR** - participate using computer/laptop or iPad/tablet or mobile phone.

*This is not a meeting so we are not using Zoom, but similar technology. You don't need a webcam, when you join click Computer Audio to use built-in speakers or ear buds with device.*

**FIVE TOPICS:**

**What if I'm hospitalized? Don't wait to get your affairs in order!**  
 Tuesday, Oct. 6, 1:00 pm to 2:30 pm  
 Thursday, Oct. 8, 7:00 pm to 8:30 pm  
 Thursday, Oct. 29, 10:30 am to 12:00 pm

**Types of power of attorney – what do I need?**  
 Wednesday, Oct. 14, 1:00 pm to 2:30 pm  
 Thursday, Oct. 15, 7:00 pm to 8:30 pm

**How to Consent – for care facility admission? for health care decisions?**  
 Tuesday, Oct. 20, 1:00 pm to 2:30 pm  
 Thursday, Oct. 22, 7:00 pm to 8:30 pm

**Joint Ownership: the Good, the Bad & the Risky!**  
 Wednesday, Oct. 21, 1:00 pm to 2:30 pm  
 Wednesday, Oct. 28, 7:00 pm to 8:30 pm

**Making a Will? What if someone dies without a Will?**  
 Tuesday, Oct. 27, 1:00 pm to 2:30 pm  
 Wednesday, Nov. 4, 7:00 pm to 8:30 pm

**Being a representative. Being an attorney. Being effective!**  
 Tuesday, Nov. 3, 1:00 pm to 2:30 pm  
 Thursday, Nov. 5, 7:00 pm to 8:30 pm

For full details and to sign up <https://www.nidus.ca/training-2/>

Safety is the responsibility of everyone. Occasionally we have reports of drivers double parking by HandyDart vans, or driving carelessly in the parking lot. If you witness dangerous driving or parking during morning and afternoon rush hours at Pathways, contact Helen Phelan at 250-317-2979, or email her at [lpn@pathwayskelowna.ca](mailto:lpn@pathwayskelowna.ca). If you can take a picture that is even better. We want an opportunity to discuss these types of situations with drivers and come up with workable solutions. Thank you!

Pathways would like to thank **Rapid Printing** for subsidizing the cost of printing the Pathways Community Link. Please consider supporting another establishment that supports Pathways!

**rapidprinting**

250.860.2200

[www.rapidprinting.ca](http://www.rapidprinting.ca)

1980 Springfield Road, Kelowna, BC V1Y 5V7

**FASTSIGNS**

250.862.3278

[www.fastsigns.com/2028](http://www.fastsigns.com/2028)

## Native culture in British Columbia

British Columbia has over 200 distinct Native cultures, which is the highest in our country. It is important to recognize the history of Indigenous peoples in Canada. When European explorers and settlers first came to what is now known as British Columbia in the mid-18th century, the province was home to thousands of Indigenous people. Today there are approximately 200,000 Indigenous people. They include First Nations, Inuit and Métis. First Nations are people who historically lived in North America, from the Atlantic to the Pacific, below the Arctic. Inuit historically lived along the coastal edge and on the islands of Canada's far north. The Métis descend from the historical joining of First Nations members and Europeans in what is now Canada. Ninety-five percent of British Columbia is on unceded traditional First Nations territory. For thousands of years, many Indigenous peoples of British Columbia have valued their cultures including songs, stories, ceremonies, values, beliefs, ways of life and languages. Today Indigenous people continue the tradition of teaching and sharing their language and traditions to pass their knowledge on to future generations. Language and oral tradition are vital components for passing down teachings from one generation to another. First Nations culture provides a rich essence that is intrinsically woven by the supportive threads of relationship: with one other, with the Great Spirit and with the Earth. It is impossible to describe a common cultural reality for all First Nations people and it is a common misconception that all Indigenous peoples share the same cultural practices, traditions, worldviews and language. Many Indigenous people are still working hard to revitalize their languages and practice their cultures freely.



## Fall Word Search

Words might appear forwards, backwards, vertically, horizontally or diagonally.

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| J | C | J | T | L | Z | A | J |
| A | A | M | N | E | X | C | M |
| C | F | H | S | A | U | O | B |
| K | A | S | Z | F | N | R | H |
| E | L | R | A | K | E | N | O |
| T | L | S | C | H | O | O | L |
| P | U | M | P | K | I | N | M |
| A | P | P | L | E | Y | X | X |

ACORN  
APPLE  
FALL  
JACKET

LEAF  
PUMPKIN  
RAKE  
SCHOOL



### Pathways Abilities Society

Pathways Abilities Society is a not-for-profit organization, governed by a volunteer board of directors that provides services to people with diverse-abilities, their families and caregivers in Activity Services, Integrated Career Opportunities (ICO), Social Ventures, Residential Services, Individualized Funding and Home Sharing Services.

### Pathways Abilities Society provides opportunities for over 225 people with diverse-abilities to achieve full citizenship by:

assisting people to work, both in volunteer positions and paid employment; facilitating participation in community recreation and leisure activities; assisting people to live interdependently in their communities; teaching employment and life skills.

### Mission Statement

To assist people with diverse-abilities to reach their individual goals and to participate and contribute as equal members of the community.

### Mandate

To promote, organize and support the development and interests of all people with diverse-abilities in a manner consistent with the Mission Statement, bearing in mind always, the strengths of the individual.

### Vision Statement

The vision of Pathways is of welcome...building communities that support and value the diverse-abilities of all people.

### Pathways Contact Information

### **Individuals not attending the Activity Services on their scheduled day:**

**Please call: 778-484-4490**

### Activity Services

123 Franklyn Road, 250-763-4484

### Activity Services West Kelowna

2476 Main Street, 778-754-5677

### Activity Services Supervisors

Michelle Blackburne 778-484-4490

Maureen Shepherd 250-763-4484

### Integrated Career Opportunities (ICO) and Social Ventures

1216 St. Paul Street, 250-763-4839

### BikeWays

1216 St. Paul Street, 250-762-4915

### Employment Manager

Bonnie Fraser 250-763-4839

### Social Recreation

April Chretien 250-575-3912

### Community Placement Developer

Lena Charlton 250-763-4836

### Finance Manager

Rhonda Campbell 250-763-4837

### Executive Director

Charisse Daley 250-763-4837

### AQAM/LPN/Home Share Manager

Helen Phelan 250-317-2979

### Home Share Coordination

Laryssa Rock 250-801-6495

### Residential Supervisor

Laura McKinnon 250-575-3910

Interested in home share, contact Helen at [lpn@pathwayskelowna.ca](mailto:lpn@pathwayskelowna.ca), interested in volunteering contact Bonnie at [em@pathwayskelowna.ca](mailto:em@pathwayskelowna.ca). Thank you!!!!

**Pathways Abilities Society**  
**123 Franklyn Road**  
**Kelowna, BC**  
**V1X 6A9**

